



~ CONFIDENCE, COMPASSION, and HEALING through HORSES~

Who:

* **Teens aged 14-18** who live in Broome County enrolled in a school system who would benefit from work with a mentor and a mental health provider and experience one or more of the following criteria:

- Transitions or stressors at home
- History of poor school attendance
- Financial stress at home
- Mental Health Diagnosis
- Lack social supports

What:

*The ProMISE Project engages underserved adolescents enrolled in local schools through individual and group equine-assisted psychotherapy based on the EAGALA model.

Equine-assisted growth and learning psychotherapy is an intervention using horses in a non-riding program to:

- Develop team building, problem solving and leadership skills
- Increase Self-Confidence and build trust
- Encourage and foster positive social behavior through mentorship and stewardship
- Explore career opportunities
- Mitigate barriers identified by teens as stressors



Additional Benefits:

- This program is **FREE**
- Membership to Binghamton Boys and Girls Club is provided
- Transportation to barn is included in programming structure
- Nutritious meals
- Additional Field trips & Speakers
- Interact with horses
- Upon program completion participants receive 4 weeks of riding lessons



Where:

Barn Work: Harmony Hill Ranch

Group Meetings: Boys & Girls Club of Binghamton

When:

* 8 week fall session runs from Tuesday, **October 11th - November 1st**

Tuesday's 4:00-6:30pm

Wednesday's 4:00-7:30pm



How:

Application must be postmarked or received by

**Thursday,
October 6th, 2011**

Electronic returns-
Cornell.Jessie@gmail.com
Subject Line:
ProMISE Application

Postal Returns-
STAT Inc.
Attn: ProMISE Application
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