



WHY HORSES?

Horses are large and powerful, which creates a natural opportunity for some to overcome fear and develop confidence. The size and power of the horse are naturally intimidating to many people. Accomplishing a task involving the horse, in spite of those fears, creates confidence and provides for wonderful metaphors when dealing with other intimidating and challenging situations in life.

The ProMISE Mission:

The **ProMISE Project** engages underserved adolescents enrolled in school through individualized and group mentorship and stewardship to increase school retention rates.

The ProMISE Project is committed to creating an intervention model that fosters a positive experience with the ultimate goal of developing personal responsibility and lasting life skills. This program focuses on the individual utilizing equine assisted psycho and bio therapies, experiential learning, case management and mentoring. Through the exploration of group dynamics, goal setting and exposure to career opportunities, students will gain awareness of personal and social responsibilities.

EQUINE-ASSISTED GROWTH AND LEARNING is an intervention using horses in a non-riding program to:

Develop team building and leadership skills

Increase self-confidence

Develop problem solving skills

Learn to interact appropriately in a group situation

Encourage and foster positive social behavior

Manage anger issues

Learn life skills

Build trust

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ProMISE Program Goals:

- » Inclusion of teens in program development and setting of goals
- » Promotion of safe, non-judgmental experiential learning environment
- » Focus on making a positive impact on the lives of students, clients, family and school systems
- » Promotion of a culture of collaboration and membership through sharing strengths based information, experience and ideas
- » Engage teens in volunteerism to increase the availability of equine therapy for clients in our community
- » Connect the world of school to the world of work
- » Increase school retention rates of at risk teens
- » Mitigate barriers identified by teens as stressors
- » Develop compassion and knowledge of and for children with special needs



A horse is the protection of peoples' dreams about themselves –strong, powerful, beautiful – and it has the capability of giving us escape from our mundane existence.

Pam Brown



ProMISE Project



Promoting, Mentoring & Inspiring
Teens to Stay in School
using
Equine-Assisted Therapy



Maximize Potential
Create Change
Embrace Our Mission

Donate

On our website: www.statinc.org
By Mail: **STAT Inc., P.O. Box 1567**
Binghamton, NY 13902

Donate Your Time

You can even donate your vehicle!

STAT is a 100% Volunteer Organization

You KNOW where your \$\$ goes!

ProMISE is supported by:

The United Way of Broome County
The Boys & Girls Club of America
CVS Caremark
Bernice Gould Foundation
Sams Club



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Horses are very much like humans in that they are social animals. They have defined roles within their herds and prefer to be with their peers and like to have fun. They have distinct personalities, attitudes, and moods; therefore, an approach that seems to work with one horse, does not necessarily work with another.

Caring for and working with horses requires work. Horses require people to be engaged both physically and mentally in order to be successful -- a valuable characteristic in all aspects of life.



Horses have the ability to mirror exactly what human body language is telling them. Many people will complain, "The horse is stubborn. The horse doesn't like me," but the lesson to be learned is that if the handler will change

their approach or attitude, the horse will respond differently.

Utilizing horses in psycho and bio therapeutic protocols can provide vast opportunities for learning. The sessions with the at risk adolescents also provides a unique recreational outlet -- experiential learning of this nature provides insight into healthy relationship development applicable to all stages of life.

How Can YOU Help ?

Collectively, we can make The ProMISE Project stronger, thus allowing STAT to continue and sustain our program and helping hundreds of individuals throughout our region -- through service, education, and therapeutic interventions...we can grow our future, one child at a time.